



**First Choice**  
Staffing Solutions, LLC

## NEWSLETTER



NOVEMBER



### *National Alzheimer's Disease Awareness Month*

President Ronald Reagan designated November As National Alzheimer's disease Awareness Month In 1983. At the time, fewer than 2 million Americans Had Alzheimer's; today, the number of people with the disease has soared to more than 5 million. By 2050, 11 to 16 million people will likely have Alzheimer's.

*Later diagnosed with Alzheimer's himself, President Ronald Reagan died in 2003.*

The Alzheimer's Association uses National Alzheimer's Disease Awareness month to raise Awareness of Alzheimer's disease and to shed light On the importance of finding breakthroughs in Diagnosis, prevention, treatments and eventually, A cure.

Alzheimer's disease is a brain disorder named for German physician *Alois Alzheimer*, who first described It in 1906. Scientists have learned a great deal about Alzheimer's disease in the century since Dr. Alzheimer first drew attention to it.

Alzheimer's is a progressive and fatal brain disease. Alzheimer's destroys brain cells, causing problems With memory, thinking and behavior severe enough To affect work, lifelong hobbies or social life. Alzheimer's gets worse overtime, and is fatal. Today it is the sixth-leading cause of death in the United States.

### *Alzheimer's Facts and Figures*

- As many as **5.2 million people** in the United States are living with Alzheimer's.
- **10 million baby boomers** will develop Alzheimer's in their lifetime.
- Every **71 seconds**, someone develops Alzheimer's.
- Alzheimer's is the **sixth-leading cause of death**.
- The direct and indirect **costs of Alzheimer's** and other dementias to Medicare, Medicaid and businesses amount to more than **\$148 billion** each year.

These are just a few of the facts in our new report, [2008 Alzheimer's disease Facts and Figures](#).

### *Welcome to Memory Walk 2008*

The Alzheimer's Association Memory Walk is the nation's largest event to raise awareness and funds for Alzheimer care, support and research – and it calls on volunteers of all ages to become champions in the fight against Alzheimer's. There are walks in more than 600 communities. A typical memory walk is a 2-3 mile walk held on a weekend morning in the fall.

By teaming up with the Alzheimer's Association, you can walk with a purpose – and move us closer to a world without Alzheimer's.

Together we can MOVE a nation.

*Over 5 million Champions so far*



**GET READY  
HERE IT COMES**

**NOVEMBER 20<sup>TH</sup> 2008**

## ***The Great American Smoke Out***



Are you ready for 24 hours without cigarettes? That's what the Great American Smoke out is all about? Each year on the third Thursday of November, The American Cancer Society (ACS) organizes the smoke out. According to ACS, more Americans try To quit smoking on this day than any other day of The year including New Year's Day.

What does it take to participate? **Just You.** There's nothing to join or buy or sign up for.

### **The Rules of the Game**

The rules are simple:  
You just quit smoking For 24 hours on the day of  
The smoke out.

You can do that can't you?  
The Great American Smoke out is a great way to prove to yourself that you can quit for a day. But If you can quit for one day, you can surely Quit for a week, or a month or a year. Give it A chance and next year you won't have to think About the Smoke out. Contact the American Cancer Society for information on how you Can participate, either as a "quitter" or Volunteer.

# **Thanksgiving**

**November 27<sup>th</sup>**



## **BIRTHDAY WISHES**

Trina Greene 11/04, Autumn Lanew 11/09,  
Donna Smith 11/11, Melinda Smith 11/12,  
Christie Smith 11/13, William Dozier 11/22  
Pat Nichols 11/24, Katrina Brown 11/25,  
Laurie Dickson and Vickie Hardeman 11/26.



We have a new policy in place  
***Photo Identification***

We need color copies of all your credentials. This means that I need a color copy of your Drivers License, Social Security, CPR/ACLS and Nursing License. The reason for this policy is that all credentials have to be sent to the Hospitals and black and white copies are too distorted for the hospitals to properly identify who you are. This is going to take some time to make the changes. I will be calling everyone to obtain these credentials and with out them it will eventually affect your status of being offered work.

***Please take care of this as soon as you can.***



Lets all remember to give Thanks and be Thankful. Appreciate the finer things in life like our health and our loved ones who help make our lives a little brighter each day.

