



First Choice
Staffing Solutions, LLC

NEWSLETTER



JULY 2008

TAMMY SAY'S

PLAY IT SAFE: Leave the **FIREWORKS** to the professionals



Centers for Disease Control and Prevention

During the month around Independence Day (July 4th)

Children 14 years and younger sustained nearly half of the injuries related to fireworks. Though they can be exciting, festive, and fun, it is important to remember that fireworks are also dangerous.

In 2005, study was conducted an estimated 10,800 people were treated in US emergency departments for fireworks-related injuries. The US National Fire Protection Association and CDC strongly recommend that fire works be used only by professionals.

What types of fireworks cause injuries?

Between June 18th and July 18th 2005

Firecrackers 26%

Sparklers 17%

Rockets 17%

Sparklers were associated with over half of the estimated injuries among children under 5 years of age during this time of study.

Injuries from fireworks most often affect the hands, eyes, and the head, face, and ear.



BIRTHDAY WISHES TO:



Lisa Hilton 7/5 Donna Taylor 7/6

Kaula Acree 7/8 Janice Blount 7/10

Missy Thompson 7/11 Candice Parris 7/14

Samantha Jackson 7/15 Pat Hill-Hallisey 7/16

Daisy Clark 7/17 Vic Rowan 7/18

Christy Shaw 7/20 Melody Green 7/23

Chamara Wims 7/26 Susan Chancey 7/27

And Tammy Reynolds 7/29



EDUCATIONAL OPS

www.ceufast.com Unlimited nursing CEU'S for one (1) year \$29.95. Courses are accepted by ALL U.S. State Nursing Boards for ANCC certification renewal.



SPRING TRAVEL:



Each year millions of Americans travel abroad for vacation, business, or to visit friends and family. Unfortunately, about half of these international travelers get sick or get hurt during their trip. In 2005, of the 1,528 cases of malaria reported to CDC, all but 2 were related to travel overseas. Of the approximately 400 cases of typhoid fever each year in the U.S., 70% are related to trips abroad. In 1997, 40% of all preventable deaths of U.S. citizens abroad were due to injuries. The good news is that most travel-related sickness and injury can be prevented.



To be on the safe side, read **Planning for Healthy Travel and Seeking Health Care Abroad** before you go. These web pages will help you know what to do to reduce your risks of illness while traveling and what to do if you get sick or injured during your trip. If you are going on a cruise, see our cruise ship recommendations, and cruise ship inspection scores from the CDC Vessel.



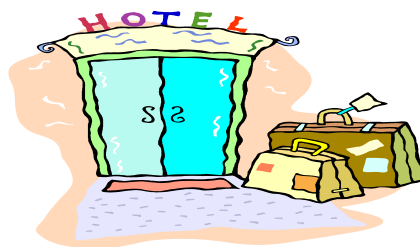
Three simple steps to remember:

- 1) **Be Informed:** Learn about travel health risks and what to do to avoid them.
- 2) **Be ready:** Get any vaccinations (shots) or medicines that you will need before your trip. Prepare a travelers' health kit supplies/medication.
- 3) **Be smart:** Make sure you follow travel safety tips while you are on your trip. Wash your hands often and well with soap and water or an alcohol-based hand rub. Make sure the water your drink is safe, and only eat food that has been fully cooked or Fruits and vegetables, that have been washed and peeled by you.

Remember:

Boil it, cook it, peel it, or FORGET IT.

CARLA'S TIDBIT:



Country Inn & Suites is a brand new hotel opening July 7th 2008 and Best Western a newly remodeled hotel has placed a call to First Choice to offer our nurses a proposal to beat any price of hotel rates you are currently staying at.

Please give Charmaine a call
@ 229-449-0260

Country Inn & Suites
2809 Knottingham Way, Albany Ga.



VERY IMPORTANT

Please date, sign and return all educational material that we mail to you as soon as possible.

