



# INTENSIVE CARE NURSE SKILLS CHECKLIST

Name \_\_\_\_\_ Date \_\_\_\_\_  RN  LPN

Please complete this checklist as completely and as accurately as possible. In the box provided by each item, please write the number corresponding to your skill level according to the key below.

**LEVEL OF PROFICIENCY CODES**

**0 = NEVER DONE      1= NOT DONE REGULARLY      2 = 6 MOS. - 1 YEAR REGULAR EXPERIENCE      3 = 1 YEAR OR MORE REGULAR EXPERIENCE**

BASIC SKILLS	LEVEL	ABDOMINAL SYSTEM	LEVEL	RESPIRATORY	LEVEL
• Admission/Discharge/Transfer		• Bowel Sound Assessment		• Assist With Emergency Tracheostomy	
• Charting Documentation/Consents/Care Plans		• Gastric Decompression		• Wean From Ventilator, Make Adjustments	
• Confidentiality of Information		• Gastric Lavage		• Pneumonia	
• Sterile Technique		• Intestinal Obstruction		• Pneumothorax	
• Universal Precautions, Infection Control		• Esophageal Varices		• Emphysema, COPD	
• Isolation Criteria/Methods		• Gastrointestinal Bleeding		• ARDS	
• Restraint Use & Safety		• Balloon Tamponade		• Flail Chest	
• Emergency Medication Administration (ACLS Drugs)		• Abdominal Aortic Aneurysm		• Tuberculosis	
• Cardiac: Vital Sign Monitors, Pulse Oximetry		• System Trauma		• Lung Transplant	
• Tissue/Organ Donation Procedures		• Gastrectomy		<b>ORTHOPEDIC:</b>	<b>LEVEL</b>
• Cardioversion/Defibrillation		• Bowel Resection, Colostomy		• Fractures, Casting, Splints	
• Dysrhythmia Recognition/Intervention		• Liver: Lobectomy, Transplant		• Fat Embolus	
• Anesthetics/Complications, Oral Airway		• Peritonitis		• Open/Closed Reductions	
• O2/Suctioning: Set-Up, Routes		• Splenectomy		• Amputation/Reattachment	
• Labwork & Diagnostic Procedures		<b>CARDIOVASCULAR SYSTEM:</b>	<b>LEVEL</b>	• Multiple Trauma	
• IV Cannulation/Drug Administration/Fluids		• Heart Sound Interpretation		<b>ENVIRONMENTAL, TOXICOLOGICAL:</b>	<b>LEVEL</b>
• Administration of Blood/Blood Products		• Chest Pain Differentiation		• Hyperthermia, Frostbite	
• TPN, Lipid Administration		• Intra Aortic Balloon Pump		• Near Drowning	
• Assist With Insertion of CV, PICC, Arterial Lines, etc.		• Cardiac Catheterization		• Burns	
• Monitoring, Calibration, Waveforms, Drawing Samples from Arterial, CV Lines, etc.		• Percardiocentesis		• Drug Overdose, Caustic Injections	
• Insertion of NG Tubes, Feedings		• Pacemaker: Permanent, Temporary		• Poisonings, Hazardous Materials	
• Assist With Insertion of Sengstaken-Blakemore, Cantor Tubes		• Hypertensive Crisis		<b>EAR, NOSE, THROAT, EYES:</b>	<b>LEVEL</b>
• ABG Interpretation		• Myocardial Infarction, Cardiac Enzymes		• Blowout Fractures, Trauma	
• Intubation/Extubation Criteria		• Thrombolytic Agents		• Tracheostomy	
• Mechanical Ventilation/Complications		• Congestive Heart Failure		• Radical Neck	
• Assist With Chest Tube Insertion		• Coronary Artery Bypass		<b>GENITOURINARY SYSTEM:</b>	<b>LEVEL</b>
• Assist With Lumbar Puncture		• Open Heart Surgery		• Renal Failure	
• Intermittent/Indwelling Catheterization		• Heart Transplant		• Nephrectomy	
• Triage Principles		• Embolus		• Nephrostomy Tubes	
• Epidural Catheters		<b>NEUROLOGICAL</b>	<b>LEVEL</b>	• Kidney Transplant	
• Patient/Family Teaching		• ICP Monitoring		• Dialysis	
<b>MEDICAL</b>	<b>LEVEL</b>	• Coma, Glasgow Coma Scale		<b>SHOCK: Anaphylactic, Hypovolemic, Septic, Neurologic, Hemorrhagic, Cardiogenic</b>	<b>LEVEL</b>
• Infectious Diseases: HIV, Hepatitis		• Head Injuries, Bleeds		• Misc.	
• Oncological Crisis		• Craniotomy			
• Diabetic Emergencies		• Cerebral Vascular Accidents			
• Dehydration, Electrolyte Imbalance		• Spinal Injuries/Immobilization/Mannitol			
• Blood Disorders: Hemophilia, DIC		• Halo Traction, Crutchfield Tongs			
		• Seizures			
		• Neurological Checks			