



ANTEPARTUM, LABOR & DELIVERY AND POSTPARTUM SKILLS CHECKLIST

Name _____ RN LPN

Please complete this checklist as completely and as accurately as possible. In the box provided by each item, please write the number corresponding to your skill level according to the key below.

LEVEL OF PROFICIENCY CODES

0 = NEVER DONE 1= NOT DONE REGULARLY 2 = 6 MOS. - 1 YEAR REGULAR EXPERIENCE 3 = 1 YEAR OR MORE REGULAR EXPERIENCE

BASIC SKILLS	LEVEL				
• Admission/Discharge		• Internal Fetal Monitoring		• Other Intrapartum Complications	
• Charting/Documentation/Consents		• Applying Fetal Scalp Electrode		• Placenta Disposal, Culture, etc.	
• Maternal, Infant Transfers		• Fetal Scalp Blood Sampling		• Non-Viable Fetus, Fetal Demise	
• Care Plans		• Monitoring Multiple Gestation		• Handling, Labeling Cord Blood	
• Patient & Family Education: Lamaze, etc.		• Assessing Fetal Heart Variability, Baseline		CARE OF NEONATE IN DELIVERY ROOM	LEVEL
• Pre & Post Operative Teaching		• Recognition/Intervention in Fetal Heart • Decelerations: Variable, Late, Early		• Drying, Stimulating	
• Restraint Application/Safeguards		• External Uterine Monitoring		• Radiant Warmer, Temperature Control	
• Universal Precautions		• Internal Uterine Monitoring		• Suctioning, Dee Lee Trap	
• Infection Control		• Non-Stress Test		• Apgar Scores	
• Security Procedures		• Oxytocin/Pitocin Stress Test		• Footprints, ID Bands, Mom's Prints	
• Confidentiality of Information		• Nipple Stimulation Test		• Prophylactic Eye Care, e.g. Ilotycin • Ointment and Vit. K, e.g., Aquamephyton	
• Bladder Distention, Elimination		INTRAPARTUM CARE/LABOR & DELIVERY	LEVEL	• Resuscitation: Ambu Bag Use, Intubation	
• Assessing Breast Feeding Complications, e.g. Mastitis		• Assess Progress of Labor (e.g., Strength of UC's)		• O2 & Suctioning of Neonate/Flow/Pressures	
• Bonding Assessment		• Perform Vaginal Exams		• Umbilical Cord Inspection & Treatment	
• IV Cannulation, INT/Hep Lock		• Prepare Patient For Delivery (e.g. Prep/Shave)		• Gastric aspirate, Surface Cultures	
• Blood/Blood Product Administration		• Scrub/Circulate for C-Section		POSTPARTUM RECOVERY & CARE	LEVEL
• IV Drug/Fluid Administration		• Open Packs for C-Section, Instrument Set Up		• Recovery of Just Delivered Patient: Vitals, • Uterine Tone/Flow, Etc.	
• Emergency Drug Administration		• Assist With Rupture of Membranes		• Recovery/Care of Spont. Vaginal Delivery	
• RhoGAM Administration & Documentation		• Assessing Rupture of Membranes, e.g. Nitrazine		• Recovery/Care C-Section Delivery	
• Pain Management, PCA		• Oxytocin/Pitocin Induction & Complications		• Recovery/Care Vacuum Extractor/Forceps Delivery	
• Assist With Insertion of Epidural Catheter		• Care of Labor Patient With Medical Complication		• Care of Patient After Abortion, e.g., SAB	
• Care of Patient With Epidural Catheter		• Care of Labor Patient With Multiple Gestation		• Care of Patient With Neonatal Illness/Death	
• Specimen Collection, e.g. 24-Hour Urine		• PROM/Premature Labor		• Assessment Fundus & Lochia	
• Ordering/Preparing Patient for Diagnostics		• Assist With Spontaneous Vaginal Delivery		• Care of Episiotomy/Complications	
• Pulse Oximetry		• Assist With Forceps Delivery		• Sitz Bath, Heat Lamps, etc.	
• Cardiac & Other Vital Sign Monitoring		• Assist With Vacuum Extraction Delivery		• Postpartum Depression	
• Suction & Oxygen Set Up & Administration		• Presence of Fetal Anomaly/Complication		• Postpartum Hemorrhage: D&C, Hysterectomy	
• Sterile Technique		• Precipitous Delivery Management		• Postpartum Sepsis/Infection	
• Intermittent/Indwelling Catheterization		• Presence of Meconium Stained Fluid		ANTEPARTUM CARE	LEVEL
• Enemas, e.g., SS, Fleets		• Assist With Delivery of Premature Fetus		• Pregnant Patient With Medical/Surgical • Complication (e.g. Diabetes, Cardiac, etc.)	
• Assist With Speculum Exam		• Assist With Shoulder Dystocia Complication		• Hyperemesis Gravidarum	
• Dressing Changes		• Labor Patient With Pre-Eclampsia, Eclampsia		• Pre-Eclampsia, Eclampsia	
• Assist With Suture Removal		• Breech Presentation		• Incompetent Cervix	
• Surgical Drains, e.g., Jackson Pratt		• Prolapsed Cord Management		• Premature Uterine Contractions/PROM	
• Adoption Procedures		• Abruptio Placentae Management		• Fetal Complication/Anomaly	
• Prepare Patient For C-Section		• Placenta Previa Management		MEDICATIONS	LEVEL
• Patient Positioning, e.g., Trendelenburg		• Uterine Atony, Hemorrhage		• Magnesium Sulfate	
MATERNAL & FETAL MONITORING	LEVEL	• Uterine Hypertonicity		• Yutopar, Ritodrine, Brethine	
• External Fetal Monitoring		• Patient With HIV		• Prostaglandin, Prostin Suppositories	
		• Patient With STD's		• Narcan	